

## **CASE STUDY**

Extensive Wound Healed in 3 visits

#### THE PROBLEM

This patient came to us with a sizable wound on her ankle that has been present for a month. She was in such agonizing pain that she resorted to using a cane to keep pressure off her leg when walking. She worried that she may lose her leg to the infection present in her wound.

Frustrated with the experiences she had with large healthcare facilities, she decided to look elsewhere for her care. The patient's sister, a long time care nurse, referred her to our practice.

### THE SOLUTION

During her initial consultation with Dr. Novikov, the patient was thoroughly educated on the nature of her wound and what measures she should take to ensure proper wound healing given her past medical history. Such measures included proper compression, applying the appropriate wound dressings, and cleaning the wound of any dead tissue.

A culture of the wound was also taken at the visit to specify bacteria and determine the best antibiotic required to fight it off. Weekly appointments were scheduled to ensure that the wound was monitored closely and that treatment recommendations were upto-date with the progression of her wound healing.

### THE RESULTS

After only 3 weeks of following our treatment recommendations, the wound that was causing the patient so much distress was healed. Patient was thoroughly educated about measures to prevent recurrent ulcers. Prescription for state-of-the-art, and at the same time cost-effective, compression treatment was given.



"I was in extreme pain
when I first saw him. He
reassured me, showed
me what he was doing,
asked me questions and
answered my
questions."
~ Karen Gordon

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